



National Indigenous Peoples Day June 21, 2023

**Celebrating Indigenous excellence
by supporting Indigenous creatives
and entrepreneurs**

A carefully curated list compiled by the BCTF Anti-Racism and Anti-Oppression Office.

Arts and Celebrations

Bill Reid Gallery: Matriarchs Seen and Unseen: Melody Charlie, March 29 to June 25, 2023

The photography of Melody Charlie featured in *Matriarchs Seen and Unseen* celebrates the work of all matriarchs, focusing on their strength, wisdom, leadership, and responsibilities.

www.billreidgallery.ca/blogs/exhibitions-page/matriarchs-seen-and-unseen

22nd Annual Talking Stick Festival, June 1 to July 2, 2023

Showcases and celebrates Indigenous arts and performance, noted as a being the premier, multi-disciplinary Indigenous arts festival in North America. There are free and ticketed events to check out!

fullcircle.ca/full-circle-home-page-2023/talking-stick-festival-2023

Squamish Nation Pow Wow, July 14 to 16, 2023

Located on the Capilano Reserve field on the North Shore. Pow wow dancing and singers, arts and crafts, and food to be enjoyed. \$10 for the day, or \$15 for the weekend, everyone is welcome.

calendar.powwows.com/events/1st-annual-memorial-squamish-nation-youth-pow-wow

Sḵw̓x̓wú7mesh Days Festival hosts the 100th Amalgamation Day Festival, July 23, 2023

Hosted by Squamish Nation, with Snotty Nose Rez Kids, Blackie & The Rodeo Kings, Digging Roots, and more. A free all-ages event at Ambleside Beach, celebrating 100 years since Sḵw̓x̓wú7mesh villages amalgamated. Everyone welcome.

www.squamish.net/calendar/amalgamation-day-2023

The Children Have to Hear Another Story: Alanis Obomsawin, April 7 to August 7, 2023

Abenaki filmmaker and activist, Alanis Obomsawin, created a model of Indigenous cinema that privileges the voices of her subjects and challenges core assumptions of the world system created by colonialism.

www.vanartgallery.bc.ca/exhibitions/alanisobomsawin

Watch

Atanarjuat: The Fast Runner (2001)

Critically acclaimed film based on an Inuit legend, by Inuk filmmaker Zacharias Kunuk. The first feature film to be written, directed, and acted entirely in the Inuktitut language.

(www.ctv.ca/movies/atanarjuat)

Wildhood (2021)

Award winning film by two-spirit Mi'kmaq filmmaker, Bretten Hannam. A coming-of-age story about a two-spirit Indigenous teen on a journey to find his mother and his roots.

(gem.cbc.ca/wildhood)

Blood Quantum (2019)

By Mi'kmaq filmmaker Jeff Barnaby, this is a zombie flick where all of the Indigenous people are immune to the virus. It received the most nominations of any film at the 9th Canadian Screen Awards with 10 nominations, winning 7 awards.

(Stream on Netflix, or rent on AppleTV or YouTube)

Reservation Dogs (2021)

Created by Māori filmmaker, Taika Waititi, and Sterlin Harjo of the Seminole and Muscogee Nations, this award-winning series was the first television series that features all Indigenous writers and directors along with an almost entirely Indigenous cast and production team from North America.

(Stream on Disney+)

Kanehsatake: 270 Years of Resistance (1993)

Documentary film by Alanis Obomsawin, one of the most acclaimed Indigenous directors in the world with more than 50 films under her belt. This film chronicles the 1990 Oka Crisis, which was a land dispute between Mohawk people and the town of Oka, Quebec, which resulted in a very well publicized violent stand-off.

(www.youtube.com/watch?v=7yP3srFvhKs)



Listen

Jeremy Dutcher

Classically-trained tenor, composer, musicologist, performer, and activist. Known for the album, *Wolastoqiyik Lintuwakonawa*, which won the 2018 Polaris Music Prize and the 2019 Juno Award for Indigenous Music Album of the Year. Dutcher identifies as two-spirited and is a member of the Wolastoqiyik (Maliseet) and Tobique First Nation. jeremydutcher.com

Snotty Nose Rez Kids

Hailing from Kitamaat Village, BC, Haisla hip hop duo, Darren "Young D" Metz and Quinton "Yung Trybez" Nyce's third album, *TRAPLINE (2019)*, was shortlisted for the 2019 Polaris Music Prize, and their fourth album, *Life After (2021)*, was shortlisted for the 2022 Polaris Music Prize. snottynoserezkids.com/music

Buffy Sainte-Marie

Paipor Cree singer-songwriter, musician, composer, visual artist, educator, pacifist, and social activist. She became the first Indigenous North American to win an Oscar in 1983 for her song, *Up Where We Belong*. open.spotify.com/artist/5exO2eW84QucBhrRhck76x

The Halluci Nation

Formerly *A Tribe Called Red*, this group blends instrumental hip hop, reggae, moombahton, and dubstep-influenced dance music with elements of First Nations music, particularly vocal chanting and drumming. Based in Ottawa, Ontario, the group consists of Tim "Zoolman" Hill (Mohawk, of the Six Nations of the Grand River), and Ehren "Bear Witness" Thomas (Cayuga First Nation). thehallucination.com

DJ O Show

Afro-Indigenous and a proud member of the Squamish Nation. O Show mixes upbeat hip hop and R&B. soundcloud.com/djoshow/o-show-moombahton-mix-2019





Podcast

Missing and Murdered

Hosted by CBC News investigative reporter Connie Walker, of the Okanese First Nation. This podcast focuses on two cases of a missing and murdered Indigenous women. *Trigger warning: this podcast deals with heavy topics around violence and murder.

www.cbc.ca/mediacentre/program/missing-and-murdered

Matriarch Movement

Host Shayla Oulette Stonechild shares stories of issues Indigenous women face from Canada to Turtle Island and beyond. Featuring portraits that challenge the mainstream narrative around Indigenous identity, offering a new category of Indigenous role models, to inspire the next seven generations.

www.matriarchmovement.ca/pages/podcast

Land Back

CBC podcast by Gitxsan host Angela Sterritt, who meets the leaders who fought Canada in the historic Delgamuukw case and learns why that battle continues today.

www.cbc.ca/listen/cbc-podcasts/1341-landback

All My Relations

Explores what it means to be an Indigenous person engaged in relationship to land and place, to a people, to non-human relatives, and to one another. All My Relations is a place to explore those relationships, and to think through Indigeneity in all its complexities.

<https://www.allmyrelationspodcast.com/podcast>

Eat

Salmon and Bannock Bistro

Vancouver's only Indigenous-owned and operated restaurant, specializing in wild salmon and free-range organic game meats.

Two locations: 7-1128 West Broadway and YVR Airport

www.salmonandbannock.net

Mr. Bannock Indigenous Cuisine Food Truck

Owned by Paul Natrall of Squamish Nation, Vancouver's first Indigenous food truck, offering a taste of Coast Salish cuisine.

Follow in Instagram to find out where they will be.

www.mrbannock.com

One Arrow Meats

Owned by Cree-Metis Chef, Heat Laliberte's hand crafted, naturally smoked bacon can be found at various vendors, online, and at farmers markets in Vancouver.

www.onearrowmeats.com

Spirit Bear Coffee Company

Indigenous owned coffee company selling certified organic and fair-trade coffee to over 600 locations in Canada.

spiritbearcoffeecompany.com

Fry Bread Recipe

3 cups unbleached flour

1 tbsp baking powder

1 tsp salt

1/8 tsp baking soda

3/4 cup milk mixed with 3/4 cup hot water (hot enough so mixed liquid is almost too hot to touch)

oil for deep frying (heated to 360°F)

Sift together flour, baking powder, baking soda and salt in a mixing bowl. Stir in milk/water mixture and knead briefly with lightly oiled hands until smooth. Rub the remainder of the one tbsp of oil over the dough. Cover and let it sit about 30 minutes. Pat or roll enough dough to fit in the palm of your hand in a circle about 1/8" thick (at least, a touch thicker is better). Deep-fry dough in hot oil for about one minute per side, or until golden brown. Makes 10-12 pieces.

Read

I am Woman: A Native Perspective on Sociology and Feminism and *Daughters are Forever*, Lee Maracle

Heart Berries, Terese Marie Mailhot

Love Medicine, Louise Erdrich

Monkey Beach and *Son of a Trickster*, Eden Robinson

The Inconvenient Indian, Thomas King

Five Little Indians, Michelle Good

Dancing on Our Turtle's Back, Leanne Betasamosake Simpson



Shop

Massy Books

storestock.massybooks.com

Iron Dog Books

irondogbooks.com

Sister Sage

sisterssage.com

Cheekbone Beauty

www.cheekbonebeauty.com

Decolonial Clothing

decolonialclothing.com

Copper Canoe Woman

coppercanoewoman.com

Raven Reads

ravenreads.org

Skwálwen Botanicals

skwalwen.com

Experience

Talaysay Tours

www.talaysay.com

Revive 'Wa áynexwi7' Day Spa
(see Instagram)

Bill Reid Gallery

www.billreidgallery.ca

Museum of Anthropology

moa.ubc.ca

Indigenous Tourism BC

www.indigenoustbc.com