You’ve got questions, what now?

A resource guide to supporting gender-questioning children

BC Teachers’ Federation
LGBTQ2S+ Action Group
(Committee for Action on Social Justice)

For information contact:
Todd Patrick
Assistant Director of Social Justice
Professional and Social Issues Division
Phone: 604-871-1850
Toll-free: 1-800-663-9163, local 1850
Email: tpatrick@bctf.ca

Resources for classroom teachers and service providers on LGBTQ2S+ issues can be found at bctf.ca/SocialJustice.aspx?id=6106
Families may have questions when their child does not conform to traditional gender roles or comes out as transgender. Families and caregivers may simply be seeking more information to help understand the experiences of being transgender, and how to support their child.

Videos, books, and websites on gender identity and being transgender are available. There are also community organizations across BC and Canada where gender-variant and trans children and families can connect with other families, and access services from support professionals.

Books
This Is a Book for Parents of Gay Kids: A Question & Answer Guide to Everyday Life, Kristin Russo and Dannielle Owens-Reid
Queer: The Ultimate LGBT Guide for Teens, Kathy Belge, Marke Bieschke, and Christian Robinson
The Transgender Teen: A Handbook for Parents and Professionals Supporting Transgender and Non-Binary Teens, Stephanie A. Brill and Lisa Kenney
The Gender Creative Child: Pathways for Nurturing and Supporting Children Who Live Outside Gender Boxes, Diane Ehrensaft

Videos
The Whittington Family: Ryland’s Story
www.tinyurl.com/lv9rn8r
HollySiz—The Light
www.tinyurl.com/y6vzjq9a
Handsome and Majestic
www.vimeo.com/186480327
An Introduction to Transgender People
www.tinyurl.com/y8dyoo2r
Celebrating Instead of Tolerating During Pride Week
www.tinyurl.com/yc8m8xgy

Community Organizations
PFLAG Canada
www.pflagcanada.ca/pflag-chapters/british-columbia
PFLAG Canada is a source of information for people who are dealing with issues concerning sexual orientation and gender identity.

Campout UBC
www.campout.ubc.ca
• A social justice summer camp for queer, trans, Two-Spirit, and allied youth from British Columbia and the Yukon

Websites
www.sexandu.ca
• Takes a real-life approach to questions and issues.
www.optionsforsexualhealth.org
• Offers sexual and reproductive health care, information, and education.
www.transhealth.phsa.ca
• A BC-wide information hub providing information about gender-affirming care and supports.
www.pridenet.ca
• Striving to make the BC school system more welcoming and equitable for LGBTQ students and staff, and queer families.
www.nativeyouthsexualhealth.com
• An organization by and for Indigenous youth that works across issues of sexual and reproductive health, rights, and justice.
www.the-rainbow-owl.com
• Literature and resources that focus on trans and gender diverse young people, their families, and those who support them.
www.teachingsexualhealth.ca
• Providing the knowledge and confidence to talk comfortably about sexual health.
www.sogieducation.org/parents
• Helping answer parent questions about what SOGI-inclusive education looks like in BC schools.