

Living with balance A program for BC Teachers

Living with balance for teachers is funded by the BCTF Health and Wellness Program and your school district. The purpose of this program is to promote healthy lifestyles and to improve your emotional well-being. It is not designed to be used as a treatment.

Your personal information is collected and used by the BCTF for the purpose of administering the Living with Balance Program. The BCTF and group leader have access to your name and e-mail address for registration purposes.

For more information about our privacy practices, please see the BCTF Privacy Policy available on our website (bctf.ca).

Registration form:

Name: _____

Address: _____

City: _____ Postal code: _____

Home telephone: _____

e-mail address: _____

Date of birth: _____

School name: _____

School telephone: _____

School district/local number: _____

Preferred session location: _____

(e.g. Vancouver, Vernon, Delta, etc.)

Please complete this form in full and forward to lwb@bctf.ca or send it by fax to the BCTF Health and Wellness Program at 604-871-2287.

You will receive a confirmation via e-mail after registering.

For office use only

Date received by BCTF
